

SZELES Comedy Hypnotist

ΣΣΕΓΕΣ? ΣΩΜΕΩΛ ΗΛΒΟΥΙΣΓ

DIGITAL PRESS KIT

The *only* name for quality Hypnotic Entertainment®

SZELES



Meet SZELES

SZELES has been performing comedy stage hypnosis throughout the United States for the past thirty six years, developing one of the most sought after one-man shows today. His performances are unique, hilarious, enlightening and always tasteful; earning SZELES an outstanding reputation for bringing a fresh, fun and purely entertaining approach to hypnotism, while dispelling the mysterious and degrading myths that surround this fascinating state of mind.

Affordably priced, SZELES has a show to fit any budget and market. He is fully self-contained and insured. His Grad/Post Prom shows are often booked the very next day after his performance. His ease and fun-loving playfulness with his volunteers on stage proves SZELES to be a natural entertainer. California Board Certified, he has the talent and the experience to bring an awesome show to any size venue. Together with his professional work ethics and constant detail to the performance make SZELES the perfect choice for your event. Book a seasoned veteran and be assured that your function will live on in in your guest's memory...long after the chicken cordon blue is gone!

What is Stage Hypnosis?



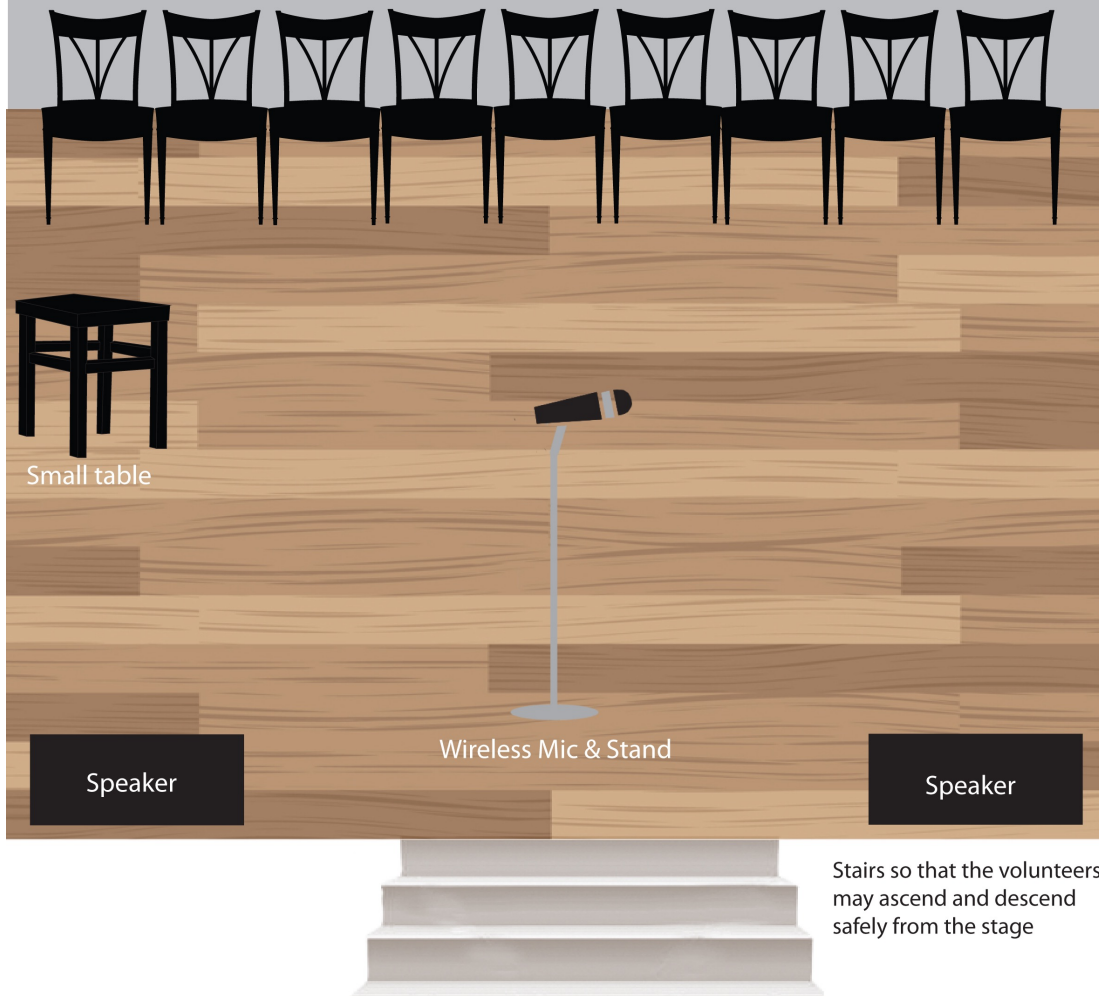
Stage Hypnosis is an audience participation event. The vast majority of volunteers at stage shows are willing participants who are genuinely hypnotized. There is abundant curiosity surrounding hypnotism, and in my experience, most people who volunteer for a stage hypnosis show have a genuine desire to experience hypnosis firsthand. The combination of curiosity and expectation make them more likely for it to work. There's a sort of social contract that they enter into when they choose to come to such an event. They know we're all together to laugh and have a good time, so by choosing to volunteer they are consenting to be part of the shenanigans, but it's important for you to understand that this does not invalidate the hypnosis that is taking place. These people, through the combination of curiosity, expectation, and the social contract of being at a show make themselves fit the model for that particular hypnosis experience. They go into trance, and they are having an experience that is distinct and separate from what the audience is experiencing. Being in trance is profoundly relaxing, not at all unlike a meditation state, and contrary to popular belief, those in trance will not do or say anything which is against their internal moral or ethical code.

Suggested Stage Plot

SZELES' Preferred Stage Plot

The ideal stage size should be 10' x 16' (or larger)

Back Wall - please arrange 15 to 20 armless chairs edge-to-edge with at least 3 feet of space **away** from the back wall



Stairs so that the volunteers may ascend and descend safely from the stage

Additional:

There should be 2 bottles of cold, filtered water on the small prop table prior to start of show. No flashing, blinking or spot lights on stage. Stage should be well lighted. Stage not required for all venues. Dance floors are fine, as long as audience members are kept away from the 'stage' area by at least 12 feet. Our musical equipment requires RCA jacks and there must be an electrical outlet somewhere on the stage.

Tips For Maximizing Your Entertainment Experience

Here are some simple ideas and concerns to keep mind when planning your hypnosis event.

All venues: The minimum age for all volunteers is 16 years of age. Volunteers who are pregnant, or maybe pregnant, or have any medical conditions, or taking medication that would prevent them from being active, are not encouraged to volunteer for the performance.

All Events:

Safety: We take stage safety very seriously! If we are sharing the stage with a DJ, please instruct the DJ to position himself and his equipment as far back on the stage as possible, leaving the majority of space towards the stage front so we can set up the chairs. Why? The show is a very active show, and the volunteers will be moving around, and in order to maintain their safety at all times, we do not want the risk of anyone falling off the edge of the stage and hurting themselves. Please see suggested stage plot diagram. *Whenever possible before the event, please give us the DJ's contact information so that we can coordinate with them.*

Lighting: Contrary to popular belief, please keep the area where we are performing very well lit. More light is better than dim lights for a couple of important reasons: the audience will have a harder time viewing the shenanigans on stage if the lights are low, and also we are filming the show, the more light the better. Flashing, or blinking colored overhead lights are discouraged.

Housekeeping: Please ensure that the performance area is clean and free from water, or any other debris which could cause anyone to trip, slip or fall and potentially harm themselves.

Getting the word out: We prefer that the attendees know in advance that the entertainment will be an audience participation hypnosis event. Often times, keeping the entertainment a secret will backfire, resulting in everyone in attendance wanting to “watch the show” and not be a part of it. Experience has taught us that if the attendees know before hand, they are more likely to go up and volunteer.

Outside Events:

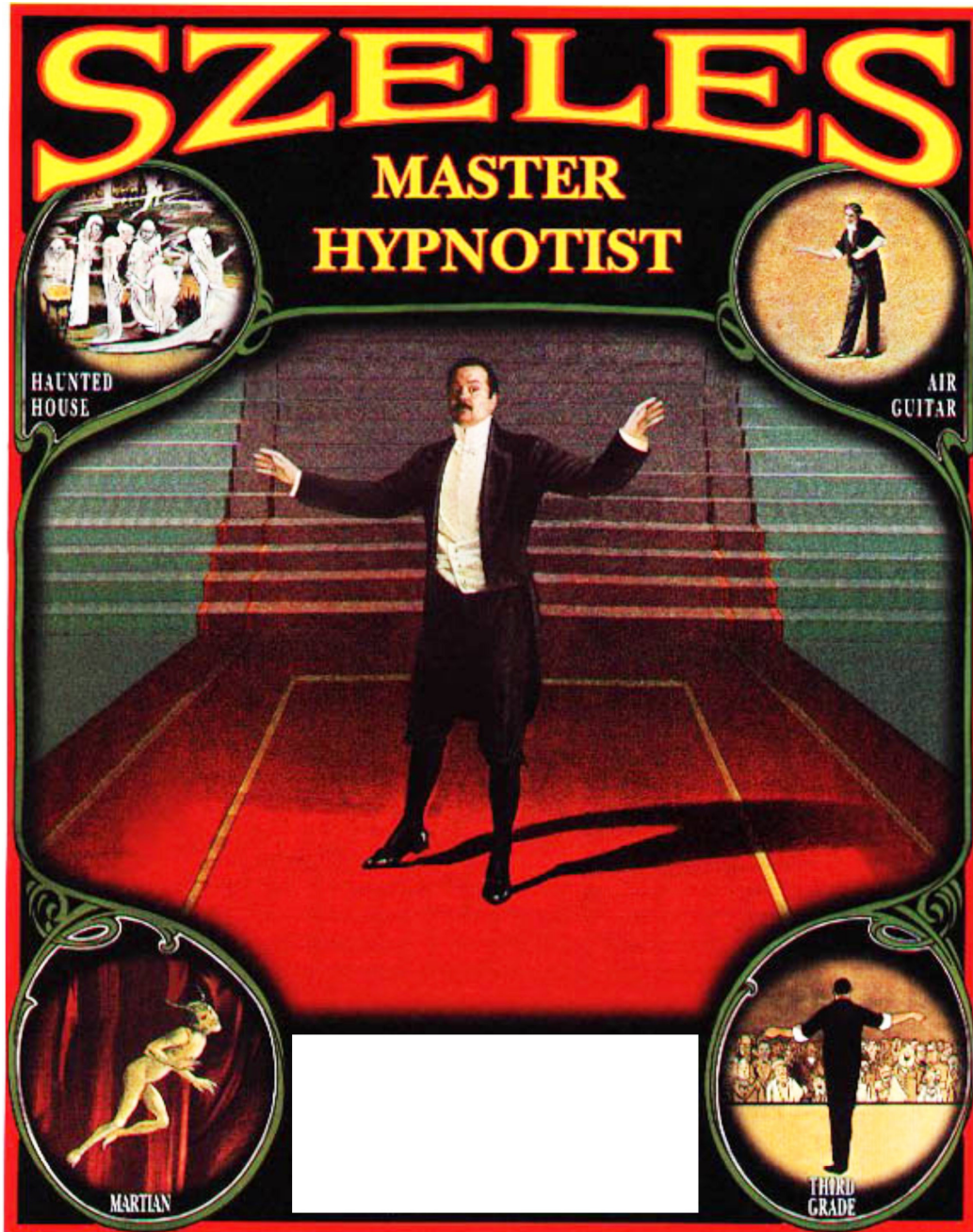
Shelter: Please make sure the area for the show is sheltered from the weather elements. This means that we need to have ample coverage for the volunteers from wind, sun and rain.

Temperature: Keep in mind that if the weather is very hot, (above 90 F or more) the stage **HAS TO BE COVERED**. We do not want to run the risk of the volunteers getting a sun burn or suffering heat stroke. If you are planning an outside event and know that the weather will be extremely hot, we recommend not using an outdoor area, but rather an inside, sheltered area with possibly air conditioning. Conversely, in cold weather,(68F or below) please keep in mind that the volunteers need to concentrate in order to be hypnotized, and if it is too cold, they will most likely be unable to give the hypnotist their full attention, and risk not going under. We do not recommend hosting your outside event in cooler weather. See Shelter recommendations above.

A Few Happy Clients



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Did you know...

What is Hypnosis?

Hypnosis is an induced, sleeplike state, during which the volunteer's mind readily accepts the Hypnotist's suggestions

Can anyone be hypnotized?

Yes! The best subjects possess vivid imaginations and creative minds

Can I be left in an hypnotic state?

No, you would simply fall asleep and wake up on your own

Will I remember being hypnotized?

Most people usually do

Are there any benefits to being hypnotized?

Yes absolutely! Through self hypnosis you can learn to stop smoking, lose weight, improve your athletic skills or eliminate any bad habits.

Will I do anything you ask of me if hypnotized?

No. Your subconscious mind protects you at all times. You will not do or say anything which you would normally feel is against your moral or ethical character

What does it feel like to be hypnotized?

Profoundly relaxed and content. Upon awakening you will feel refreshed and energized, as if you had a great night's sleep!

Today, Hypnosis is making a come back and is used in such fields as medicine, dentistry and police work

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